

Hello Friends,

**HAPPY NEW YEAR!**

### RECEIVING MIRACLES

My New Year has started off with one miracle after another, for which I am very grateful. **The biggest miracle of all is that I have been given a scholarship to train in VOICE MOVEMENT THERAPY.** As a result I have to cancel the Fernandina Beach preview and classes: *WHAT ARE YOU WILLING TO CHANGE in 2008.*

I only found out about the scholarship late on New Year's Day, and I've been scrambling ever since to make arrangements to leave for Martha's Vineyard on Saturday. Once I've settled into the training I'll let you know if I can still offer the class in a Teleclass format. However, my guess is that I will postpone it until further notice.

### PUTTING YOUR DREAMS AND GOALS OUT THERE IN THE UNIVERSE

I'm SO EXCITED about taking the VOICE MOVEMENT THERAPY training that I can hardly contain myself. I'll share my journey with you as it unfolds over the next few months of several trips to Martha's Vineyard for intense in-person training, for 4 weeks at a time.

Interestingly, taking this training was a goal of mine for 2008, and I was very disappointed to initially learn that the session was full, especially since it will not be offered again for two years. So I just let my disappointment dissipate, and I left it up to the Universe. You might say that I *"Let go, and let God."* This is not as simple as just wishing and dreaming. I had a plan and I took some action steps. Then, I left it up to the Universe.

I was able to let go because I had already done all possible to try and get into the training. So I told myself that if I was supposed to take the training this year then the Universe would shift the energy to make it happen. To not only get into the training, but to receive a scholarship as well, is indeed a MIRACLE!

### RECEIVING WHAT YOU NEED VS WHAT YOU WANT

There are so many more miracles attached to this particular journey, which I'll share with you another time. Suffice to say that **MIRACLES ARE ALREADY HAPPENING FOR ME!**

I hope that you are also receiving everything that you need. Remember, that **miracles are usually about what you need, and not about what you want.** So do think about what you are willing to change in your life in 2008. **What is it that you really NEED for the advancement of your spirit, and the world? Write and let me know.**

Have Fun!

Chris : )

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